

MTA Challenges

What are they?

A cornucopia of high impact activities which improve business performance through personal development. Simple and highly effective, MTA (Multi Training Aid) Challenges are stimulating activities which involve all members of a team and provide a relevant and practical platform for lessons to be learned.

How do they work?

Multi Training Aids consist of a selection of construction components, which can be assembled together in various ways. Using experiential training and a wealth of development materials, teams tackle a series of tasks.

The short, sharp 10-45 minute MTA tasks address a myriad of issues including customer focus, leadership, problem solving, decision making, delegation and conflict management alongside many more. Facilitation and debriefing can then embed the learning points and promote both individual and team development.

Depending on the objectives of each task, the MTA challenges are tackled with, through or against other teams. With individuals taking active participation in the MTA tasks, circumstances similar to those commonly arising in the workplace are encountered. The evident and authentic issues which emerge as a result then become the basis for learning.

MTA Challenges are highly flexible, able to be tailored to match your audience, objectives and requirements.

Any number of challenges can be used in conjunction with each other, to further enhance specific business and team work messages.

Facilitation

Facilitation during MTA Challenges is very effective in cementing lessons. Questionnaires which are completed post-task encourage the analysis of team members' actions during the tasks and provoke thought about these actions. Discussion and debriefing also create a better understanding about the way each task finished and why - providing a platform for assessment as to how the teams, leaders and individuals could have been more effective.

Who are they suitable for?

- All ages, genders and backgrounds
- Any team looking to develop their skills base
- Newly formed teams or those lacking familiarity

What are the benefits and outcomes?

- Engaging icebreakers that break down social barriers
- Useful as an assessment tool for recruitment and development workshops
- Improved communication, planning and delegation abilities
- Objective identification and awareness of others
- Leadership and team development
- Increased team cooperation and efficiency
- Motivation through enjoyable tasks

